



## 2017 Volunteer Training Classes

HOSPICE comes from a medieval word for a way station, a place for pilgrims to be replenished and cared for. But today Hospice describes specially trained people and practices organized to care for terminally ill persons and their families in their homes. You can join the more than 350 volunteers who work with the seven not-for-profit Medicare Certified Hospice programs serving the Greater Sacramento Area and receive ongoing support and education. Volunteers, like good friends, respond to the needs of terminally ill patients and their families by providing respite care, companionship and support.

Initial training of 24 hours includes The History and Philosophy of Hospice Care, Concepts of Death and Dying, Communication Skills, Care and Comfort Measures, Psychosocial Issues, Spiritual and Cultural Issues in Hospice, Grief and Bereavement, and the Volunteer Role in Hospice. Course sections are taught by professional staff members from local hospice programs.

Volunteers must be at least 18 years of age to work in direct patient care. Courses include 24 hours of training and supplementary materials. Registration fee is \$40. **To register return the registration form with the \$40 registration fee to the Sacramento Hospice Consortium, 8334 Ferguson Avenue, Sacramento, California 95828. 916 388-6288. To register on line or for current training schedules and additional information, visit**

**[www.sachospice.org](http://www.sachospice.org)**

Volunteer Training classes are offered eight times this year with one evening/weekend option. They will be offered once in Auburn, once in Yolo County, twice in Roseville, and four times in the Sacramento Area. Each course utilizes the curriculum recommended by the National Hospice and Palliative Care Organization and prepares participants for volunteer work with *any* of the member hospices.

January 2017    Host Program: Mercy Hospice  
Location: Sacramento

February 2017    Host Program: Sutter Care at Home Hospice, Roseville  
Location: Roseville

March 2017    Host Program: Kaiser Hospice  
Location: Sacramento  
Saturdays March 4 & 11 9 AM – 4 PM    Tuesdays & Thursdays March 7, 9, 14 & 16 5:30 – 8:30 PM

April 2017    Host Program: UC Davis Hospice  
Location: Sacramento  
Mondays and Wednesdays April 10, 12, 17 & 19 9AM – 4PM

May 2017    Host Programs: Kaiser, UC Davis, Mercy and Sutter Care at Home, Roseville  
Location: Roseville  
Thursdays and Fridays May 11, 12, 18 and 19 9 AM – 4 PM

July 2017    Host Program: Yolo Hospice  
Location: Davis  
Thursdays and Fridays, July 20, 21, 27 and 28 9 AM – 4 PM

September 2017    Host Program: Sutter Care at Home, Sacramento  
Location: Sacramento  
Fridays September 8, 15, 22 and 29 9AM – 4 PM

October 2017    Host Program: Sutter Auburn Faith Hospice  
Location: Auburn  
Thursdays and Fridays October 12, 13, 19 and 20 9 AM – 4 PM

Sutter Auburn Faith VNA & Hospice • Kaiser Hospice • Mercy Hospice •  
Sutter Care at Home Hospice, Roseville  
Sutter Care at Home Hospice, Sacramento • UC Davis Hospice • Yolo Hospice